

DOMESTIC VIOLENCE

SAN DIEGO COMMUNITY COLLEGE POLICE



Mesa
SAN DIEGO MESA COLLEGE

<http://police.sdccd.edu/>

BREAK THE SILENCE STOP DOMESTIC VIOLENCE

Domestic abuse occurs when one person in an intimate relationship or marriage tries to dominate and control the other person. Domestic violence and abuse are used for one purpose and one purpose only: to gain and maintain total control over you. An abuser doesn't "play fair." Abusers use fear, guilt, shame, and intimidation to wear you down and keep you under his or her thumb. Your abuser may also threaten you, hurt you, or hurt those around you. Domestic violence does not discriminate. It happens among heterosexual and in same-sex partnerships. It occurs in all age ranges, ethnic backgrounds and economic levels. Physical or sexual assault and battering is a crime, whether it occurs inside or outside of the family. The police have the power and authority to help you break the cycle of violence.

Students and those who work at Mesa College are encouraged to take advantage of resources created to help victims of domestic violence. Counselors, health professionals and police are ready to offer help, information and assistance.

SDCCD/San Diego Mesa College Resources:

SDCCD Police Emergency	619-388-6405
SDCCD Escort Services 7 a.m. to 11 p.m. Mon-Fri	619-388-6405
Mesa College Student Health Services	619-388-2774
SDCCD Women's Rape Aggression Defense training	619-388-2749
SDCCD Employee Assistance Program	888-625-4809

Areas where anyone is welcome to discuss situations that they may be afraid to discuss otherwise: Counseling MV24, 25, 26; Police Q100; Student Health Services: L-504
SDCCD Police Website: <http://police.sdccd.edu/violentcrimes.htm>

Community Resources:

San Diego Police Dept.	619-531-2000
Domestic Violence Center	858-272-1767
Battered Women's Services	619-234-3164
Center for Community Solutions	858-272-1767
Rachel's Women's Center/Night Shelter	619-696-0873
San Diego DV Hotline	888-385-4657
National Teen Dating Abuse Hotline	866-331-9474 TTY 866-331-8453
National Domestic Violence Hotline	800-799-7233 TTY 1-800-787-3224



There are numerous state and federal laws and legislation to protect women. For a full list of resources and information, please see www.womenshealth.gov/violence.

The SDCCD Police Department has adopted a community policing philosophy. This is provided as a service to help you stay safe on our campus and have a positive educational experience.

NEED MORE INFORMATION?

Visit us at: <http://police.sdccd.edu/>

Immediate police officer assistance: Police Dispatch Center at 619-388-6405
San Diego Mesa College, 7250 Mesa College Drive, San Diego, CA 92111-4998



SAN DIEGO COMMUNITY COLLEGE DISTRICT

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